

## [Podcast Episode 89 - Eran Kirzner of Lightbits Labs on Founder's Lessons and Building a Successful Startup](#)

Eran Kirzner is co-founder and CEO of Lightbits Labs (<https://lightbitlabs.com>) and has a storied history in the technology industry. This show is a must-listen for folks who are interested in how Lightbits Labs is disrupting the Hyperconverged market and extends into an exciting and dynamic conversation with many lessons from the lens of a founder on startup successes and challenges. Big thanks to Eran for sharing these lessons and stories which will inevitably excite anyone in the technology startup space or those looking to step into it.

Listen to the episode here:

<http://podcast.discoposse.com/e/ep-89-eran-kirzner-eran72726582-of-lightbits-labs-lightbitlabs-on-founders-lessons-and-building-a-successful-startup/>

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## [Podcast Episode 88 - Lauren Cooney](#)

# [\(@lcooney\) on Spark Labs, Coaching, and Inclusivity in Tech and Business](#)

Lauren Cooney is the founder of Spark Labs (<https://sparklabsco.com>) and has been doing amazing work leading mentoring, coaching, and leadership programs for women in technology which is a much needed effort. In this very open and exciting discussion, Lauren shares how she and her community building programs are working to bring diversity and inclusivity into business and tech through education and empowerment of individuals to unlock their full potential which may have seemed out of reach.

You can reach Lauren and Spark Labs in many ways here: <https://linktr.ee/sparklabs>

Listen to the episode here:

<http://podcast.discoposse.com/e/ep-88-lauren-cooney-lcooney-on-spark-labs-coaching-and-inclusivity-in-tech-and-business/>

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**Podcast Episode 88 - Lauren Cooney (@lcooney) on Spark Labs, Coaching, and Inclusivity in Tech and Business**

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