

[#vFit](#)

One of the most fun parts of any tech event is the community and collaborative nature. Inside the walls of the event centres, we find ourselves up to the ears on tech talk and sharing knowledge.

Outside the event, there has always been a tendency to move towards evening events and the vendor-sponsored parties.

In a shift towards something new, we have a great community of folks who attend tech events and organize fitness related meetups like morning runs, walks, hiking, and more. This has become what we know as the #vFit community.