Getting #vFit at AWS re:Invent 2019 - Daily 5K Runs Available Monday to Wednesday

If you're coming out to AWS re:Invent 2019 in Las Vegas, we have some fitness fun to add to your schedule!

One of the traditions that I have started at many of the events I've been attending was a daily run. This happened almost by accident as a fun run with a few friends which ended up becoming a full out planned event now on a daily basis at the event. The result is now a growing community of folks who range in ability from first time runners to some seasoned athletes. The goal is to make it inclusive, fun, and make sure that we all get our fitness in during what is normally a busy tech event. There is nothing better to start your day with!

#vFit at AWS re:Invent in Las Vegas

The official daily route for our event is going to be starting at the Shake Shack on South Las Vegas Blvd and will go to the Welcome to Las Vegas sign and back. This is designed so that everyone who joins the run gets a chance to snap an iconic phone of the Vegas sign and it works out to a 5 km round trip.

For those wanting a little more bonus time, I'll be running from the Bellagio Fountain about 20 minutes before which will make it a 7 km round trip.

The daily route is located here: https://www.plotaroute.com/route/967179

Start time: 06:45 AM

Dates: Monday December 2nd, Tuesday December 3rd, Wednesday December 4th,

Thursday December 5th

Start Location: Shake Shack on Las Vegas Blvd. (3790 S Las Vegas Blvd, Las Vegas, NV

89109)

Route Description: Begin at Shake Shack departing at 06:45 sharp, heading down Las Vegas Blvd to the Welcome Sign for a group photo and then back to the start location at Shake Shack.

Route Distance: 5 km (3 miles)

Route map for AWS Re:Invent 2019 #vFit Run Route by Eric Wright on plotaroute.com See you in Las Vegas!